



# LORAS COLLEGE™

## Health Center

1450 Alta Vista St. | Dubuque, IA 52001 | Phone: (563) 588-7142 | Fax: (563) 588-7659

### Student Health History Form

Name \_\_\_\_\_ Student ID \_\_\_\_\_

Date of Birth \_\_\_\_\_ Sport (if athlete) \_\_\_\_\_ Gender \_\_\_\_\_

Home Address \_\_\_\_\_

Student Cell Number \_\_\_\_\_ Year in School: Freshman Sophomore Junior Senior Grad Postbac

Emergency Contact \_\_\_\_\_ Emergency Contact Phone \_\_\_\_\_

Health Insurance Company \_\_\_\_\_ Policy Number \_\_\_\_\_

Policy Holder's Name \_\_\_\_\_ Policy Holder's DOB \_\_\_\_\_

Customer Service Phone Number \_\_\_\_\_

\*Domestic students are encouraged, but not required, to submit health insurance information.

Please list providers in the Dubuque area that your insurance has approved for medical services:

\_\_\_\_\_  
\_\_\_\_\_

Medical History \_\_\_\_\_

\_\_\_\_\_

Surgical History \_\_\_\_\_

\_\_\_\_\_

Current Medications \_\_\_\_\_

\_\_\_\_\_

Allergies \_\_\_\_\_

\_\_\_\_\_

Privacy of confidential information is social, legal, and ethical responsibility of organizations that receive medical information. The Loras College Health Center has a policy to protect the confidentiality of patient data, whether it is electronic or printed information. All patient records maintained by the Health Center are private. Only authorized Health Center personnel may release patient records with written authorization from the patient. Parents of patient 18 years and older, parents of emancipated minors, and other next of kin will not have access to the medical record without the written consent of the patient.

**The Health History Form and vaccine record may be submitted via one of the methods below:**

Email: [tammy.marti@loras.edu](mailto:tammy.marti@loras.edu)

Mail: Loras College Health Center 1450 Alta Vista St. Dubuque, IA 52001

Admission student portal page: <https://lcadmission.loras.edu/apply/status>

Fax: 563.588.7659



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### Meningococcal Disease Information

Iowa law mandates that we provide education to students regarding meningitis and the vaccines.

Meningococcal disease is a rare but life-threatening illness. Commonly called meningitis, the disease is caused by bacteria that infect the blood, brain, and spinal cord. The disease is spread person-to-person resulting in an increased risk for populated settings such as campus residence halls. A person may catch meningitis from someone who looks healthy through close personal contact (coughing, kissing, sharing eating utensils or drinking glasses). The disease most often strikes older teens and young adults.

Meningitis symptoms can be mistaken for the flu and may include fever, headache, stiff neck, vomiting, sensitivity to light, confusion, and rash. The disease can progress very rapidly and can kill an otherwise healthy young person in 48 hours or less. Meningitis can cause shock, coma, and death within hours of the first symptom. Even with proper treatment, 10–15% of people with meningococcal disease die. Of the people who survive, as many as 20% suffer from serious complications such as loss of a limb, brain damage, or permanent hearing loss.

Vaccination is the best way to prevent meningitis. The meningococcal MenACWY vaccine, which protects against serogroups A, C, W or Y, is generally administered at age 11-12, with a second dose administered at age 16. The meningococcal MenB vaccine series, which offers protection against serogroup B, may also be administered to anyone 16 through 23 years old. The preferred age for vaccination is 16 -18 years old.

The U.S. Centers for Disease Control and Prevention (CDC) Advisory Committee on Immunization Practices (ACIP) recommends meningitis vaccination. Talk to your health care provider about these vaccines. For more information about meningococcal disease and immunization, visit the following web sites:

<http://www.cdc.gov/meningitis/index.html> <https://idph.iowa.gov/cade/disease-information/meningitis>

**I have received meningitis information:**

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*Student Signature*

*Date*

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