



**RECOMMENDED FOUR-YEAR PLAN FOR KINESIOLOGY/ATHLETIC TRAINING DUAL DEGREE 5 – YEAR PLAN**

Updated: Spring 2019

JANUARY TERMS	
<b>Students are required to complete a minimum of two January terms.</b>	<b>CR</b>
<b>Transfer students who transfer in 40 credits or more are required to complete at least one January term.</b>	
Specialty Elective	3
Explorations Course (EC, ES or EI) or Catholic Traditions Course (CT)	3

FIRST YEAR FALL SEMESTER		FIRST YEAR SPRING SEMESTER	
Title	CR	Title	CR
Engaging Differences (FD, LIB 101, HON 101, or CTL 101)	3	Engaging Communities (FC, LIB 102, or HON 102)	3
Written Communication (WC, LIB 105 or ENG 111)	3	MAT 115 Statistics (Quantitative Reasoning, QR)	4
PSY 221 Developmental Psychology	3	KIN 145 Nutrition	3
BIO 115 Biology I	4	KIN 050 Personal Fitness	1
KIN 101 Introduction to Kinesiology	3	Explorations Course (EC, ES or EI), Oral Communications, or Elective	3

SOPHOMORE YEAR FALL SEMESTER		SOPHOMORE YEAR SPRING SEMESTER	
Title	CR	Title	CR
Catholic Traditions (CT, LIB 230)	3	Explorations Course (EC, ES or EI)	3-4
Explorations Course (EC, ES or EI)	3-4	KIN 250 Research Methods in Kinesiology	3
CHEM 111 Chemistry I	4	BIO 226 Anatomy/Physiology II	4
BIO 225 Anatomy/Physiology I	4	KIN 232 Biomechanics & Kinesiology	3
ATR 275 Athletic Training Skills	3	ATR 250 Medical Terminology	1

JUNIOR YEAR FALL SEMESTER		JUNIOR YEAR SPRING SEMESTER	
Title	CR	Title	CR
Values in Action (VX) & Explorations Course (EC, ES or EI)	6	KIN 370 Fitness Assessment & Prescription	3
KIN 344 Theory of Strength and Conditioning	3	BIO 365 Human Anatomy	4
KIN 322 Exercise Physiology	3	KIN 439 Exercise Psychology	3
PHY 210 Physics I (*Pre-calc may be a Pre-Requisite Course)	4	Call to Participation ( CP, LIB 320/325/330) & Explorations Course (EC, ES or EI)	6

Applications for Admittance to Master’s Program due December 1<sup>st</sup>

50 Hours of observation with an athletic trainer, interview, 1-2 page statement of interest, 3.0 GPA, 2 letters of recommendation, required pre-requisite courses

JUNIOR YEAR SUMMER SEMESTER		JUNIOR YEAR SUMMER SEMESTER	
Title	CR	Title	CR
ATR 510 Evaluation of Injuries I	3	ATR 575 Advanced Care of Athletic Illness & Injury	3
KIN 492 Internship in Kinesiology (IN, Major Capstone)	3	ATR 601 Clinical Experience I	2

SENIOR YEAR FALL SEMESTER		SENIOR YEAR SPRING SEMESTER	
Title	CR	Title	CR
ATR 520 Therapeutic Interventions I	3	General Education Course if needed (4 Explorations needed, or CP)	3
ATR 511 Evaluation of Injuries II	3	ATR 580 Pathophysiology	3
ATR 530 Evidence Based Practice of Athletic Training	3	ATR 521 Therapeutic Interventions II	3
ATR 602 Clinical Experience II	3	ATR 603 Clinical Experience III	3

SENIOR YEAR SUMMER SEMESTER		SENIOR YEAR SUMMER SEMESTER	
Title	CR	Title	CR
ATR 604 Clinical Experience IV	2	ATR 540 Epidemiology	3
ATR 541 Public Health	3		

5 <sup>th</sup> YEAR FALL SEMESTER		5 <sup>th</sup> YEAR SPRING SEMESTER	
Title	CR	Title	CR
ATR 605 Clinical Experience V	6	ATR 606 Clinical Experience VI	6
ATR 610 Advanced Psychology of Injuries	3	ATR 680 Research in Athletic Training	3
ATR 542 Health and Wellness Promotion	3	ATR 611 Topics in AT	3
ATR 640 Healthcare Administration	3		

