



LORAS COLLEGE™

Health Center

1450 Alta Vista St. | Dubuque, IA 52001 | Phone: (563) 588-7142 | Fax: (563) 588-7659

Health Requirements for International Students

Dear Student and Parent(s):

Welcome to Loras College. As part of our commitment to health and wellness promotion, we want to ensure that all students are protected against communicable disease. Complete and return the Required Health Information Form including a copy of your insurance card and your vaccine record to the Loras College Health Center via mail, fax or email.

Loras College follows the American College Health Association immunization guidelines:

All students, first year, transfer, international, and continuing education/graduate students registered for more than seven credit hours and born after January 1, 1957 must provide proof of immunity to MMR (Rubeola, Mumps and Rubella). Students must provide an **official signed and stamped record** showing proof of receiving **2 MMR** immunizations on or after their first birthday and at least 30 days apart **OR** laboratory evidence of immunity (Rubeola and Rubella titers and Mumps IgG immune status) to the Loras College Health Center

The Health Center will assist students needing immunizations or laboratory work. Students will be required to pay for the immunizations or laboratory work. Students needing both MMR immunizations must wait 30 days between shots. The cost of each MMR is approximately \$65 per immunization.

All International Students are required to have health insurance and provide proof of the health insurance to the Loras College Health Center within **the first two weeks** of each semester. If a student does not have proof of health insurance, the student must purchase health insurance from Loras College. The Health Center staff will assist students who do not have insurance in the process of obtaining coverage.

All International Students must report to the Loras College Health Center **within two weeks** of arriving to campus for a baseline TB (tuberculosis) screening. The Health Center will schedule a time for the student to have a QuantiFERON -TB Gold Test drawn. International students are required to have a QuantiFERON -TB Gold Test completed in the United States in the past twelve months. This is the only acceptable TB test. The test fee is approximately \$90.00 and must be paid at the time of service. If a student previously tested positive for TB or has been treated for active TB disease, the student must attach documentation of the test and treatment with his/her health records. Students with positive tests will be referred to a local healthcare provider.

The above requirements must be met before students will be able to register for classes for the next semester. All documentation must be in English.

Although not required, we **highly recommend** that students be immunized for meningitis. Talk to your physician about the benefits of vaccination. Information on the disease is available at our website:

<http://www.loras.edu/Campus-Life/Health-and-Safety/Health-Center/Meningitis-Information.aspx>

Sincerely,

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