



LORAS COLLEGE[®]

Health Center

1450 Alta Vista St. | Dubuque, IA 52001 | Phone: (563) 588-7142 | Fax: (563) 588-7659

Health Requirements for Students

Dear Student and Parent(s):

Welcome to Loras College. Our commitment to health and wellness promotion includes protecting students from communicable disease.

Loras College follows the American College Health Association immunization guidelines:

All students registered for more than 7 credit hours and born after 1956 must provide proof of immunity to MMR (Rubeola, Mumps and Rubella) by your first week of classes. **Students must provide an official signed and stamped record showing proof of receiving 2 MMR immunizations at least 30 days apart after 12 months of age OR laboratory evidence of immunity (Rubeola and Rubella titers and Mumps IgG immune status) to the Loras College Health Center.**

Complete the Required Health Form, upload a copy of your vaccine form and insurance card (if applicable) by entering the following URL into your internet browser's address bar (student portal login required): <https://tinyurl.com/lorashc> Otherwise submit this information to the Loras College Health Center by completing the Required Health Information Form and providing a paper copy of your vaccines. You can send these via mail, fax or email. We recognize that it may be challenging to locate your vaccine record at this time. Your physician's office, high school or state health department may have a copy of your vaccine record. Domestic students are encouraged, but not required, to submit health insurance information.

The Health Center will assist students needing immunizations or laboratory work. The student will be required to pay for these services.

Additional Requirements for International Students:

1. All International Students are required to have health insurance designated by Loras College unless your home embassy provides health insurance. The Loras College Health Center will enroll you into the health insurance plan, placing the plan fee onto your Loras College student account. It is the student's responsibility to contact the Loras College Health Center prior to each semester for enrollment into the health insurance plan designated by the college or to review your proof of insurance provided by your home embassy.

2. All International Students must report to the Loras College Health Center **within two weeks** of arriving to campus for a baseline TB (tuberculosis) screening. International students are required to have a QuantiFERON Gold or T-SPOT TB Test completed in the United States in the past twelve months. The Health Center staff will assist students to schedule testing. If your insurance does not cover the TB test, the student will be required to pay for the test at the time of service. If a student previously tested positive for TB or treated for active TB disease, the student must attach documentation of the test and treatment with their health records. We will refer students with positive tests to a local healthcare provider.

To be eligible to register for the next semester classes, students must meet the requirements above. All documentation must be in English. Please note: Student athletes have additional athletic forms.

Although not required, we **highly recommend** that students be immunized for meningitis. Talk to your physician about the benefits of vaccination. Information on the disease is available at the CDC website:

<http://www.cdc.gov/meningitis/index.html>

Sincerely, Tammy.Marti@loras.edu Kathryn.McClimon@loras.edu