

### Career Options

Loras College graduates with a degree in athletic training have gone on to work as:

- Athletic Trainers at the high school, college, professional and clinic settings
- Physical Therapists
- Nurses
- Chiropractors
- Certified strength and conditioning specialists
- Physician Assistants

### For more information on the Athletic Training Education Program, contact:

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[www.loras.edu/academics/program/AthleticTraining](http://www.loras.edu/academics/program/AthleticTraining)

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# ATHLETIC TRAINING



LORAS COLLEGE™

# ATHLETIC TRAINING

## Mission

Our mission is to prepare students for entry-level careers and graduate school opportunities in athletic training and allied health care fields through quality classroom and clinical athletic training experiences supported by a liberal arts education.

## Goals of the ATEP

- Recruit students who are motivated to be a part of this major, will integrate well into the program and perform at a high level in both the educational and clinical components of the major.
- Develop students who act as ethical and responsible professionals.
- Prepare students to pass the BOC exam. Our goal is to have at least a 50% first time pass rate.
- Develop students so they can critically think and problem solve in professional settings.
- Provide the students diverse clinical opportunities that allow them to be active learners.
- Expose students to a wide variety of guest speakers from the medical community either in the classroom or by attending state and national conferences.
- Students conduct and present research at the local, state and national level.

## Admission Requirements

Selections for admission into the ATEP are made during each spring semester. The selection process is competitive. The ideal candidate will demonstrate strong academic ability, motivation for the program, a plan to use the major in their future career and ability to integrate and work well within the major and clinical assignments. The application process will start during the fall semester. There will be a meeting held in September for all interested applicants.

All applicants will be scored on several criteria during the application process and a minimum score is required for conditional admission. The following procedures must be completed to be considered and conditionally accepted into the major:

- The student must complete a biographical information sheet (see appendix) and bloodborne pathogen training.
- Complete a 1-2 page essay on why they want to major in athletic training.
- During the academic year the student must complete 30 observation hours in the Loras College athletic training room. By March 1, 15 hours must be completed.
- Interview with the ATEP selection committee. Interviews will occur during the last two weeks of February.
- The student will then be scored on the following criteria: written essay, clinical instructor evaluations during 15 observation hours and interview score.
- A score of 70% of the possible points on the interview, observation evaluations and essay are required for conditional admission.
- Admission may be capped if necessary. If admission is capped, students with the highest scores will be admitted. Number of students allowed in the program will be based on maintaining national accreditation standards.

After conditional acceptance into the program, the student must complete the following criteria for full acceptance:

- Technical Standards form
- Physical Exam form in the previous calendar year
- Immunization Review signed by a MD/DO/PA/NP verifying MMR, Td and first in series of three Hepatitis B vaccines completed.
- Certification in American Red Cross CPR/AED for the Professional Rescuer or equivalent.
- Minimum GPA of 2.25 after the first academic year in all major classes.

## Clinical Experience

The clinical experience is vital to the success of the athletic training student at Loras College. Students will be assigned to work in a variety of health care settings and encounter a variety of athletes and patients.

These rotations begin during the fall of the student's sophomore year and continue through graduation. These settings allow the students to directly put into practice the skills and knowledge they learn in the classroom.

## Clinical Sites

- Loras College
- Western Dubuque High School
- Dyersville Beckman High School
- Galena (Illinois) High School
- Finley Hospital – General Medicine
- Dubuque Fighting Saints Hockey Team
- Dubuque Physical Therapy
- Dubuque Chiropractic Clinic
- Sport and Spine Chiropractic Clinic
- Medical Associates Clinic



## Internships

The Loras College Athletic Training Education Program is committed to providing our students with a quality education. Students are exposed to a variety of athletic training settings during their time at Loras College.

As part of their education, we encourage them to broaden their resumes and grow with a variety of experiences.

In past summers, we have had students experience outstanding internships with several organizations, including: the St. Louis Rams, Chicago Fire, Athletico (sports medicine clinic in Chicago), Loras All-Sports Camps and Athletes in Action summer camps.

Each internship was, in part, set up by networking with past and current Loras College athletic training staff members.

To read about more experiences of Loras College athletic training graduates visit: [www.loras.edu/academics/AthleticTraining/internships](http://www.loras.edu/academics/AthleticTraining/internships)