DANCE MARATHON LEADERHIP CHANGE
For the last 12 years, Kim Walsh, associate dean of students, has served as the advisor to Dance Marathon. p. 18

STUDENTS MAKE GOOD ON GREEN GOAL
Honor students unveil a campus-owned house fitted with six solar panels that will generate 70 to 90 percent of its power. p. 26

THE LORAS CARES LAB
Students and professor measure the relationship between physical activity, prognosis and quality of life in cancer survivors. p. 36

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THE DISPOSITIONS
THE CORE OF LORAS
Loras delivers active learners, reflective thinkers, ethical decision-makers and responsible contributors. p. 10
Loras, as a Catholic liberal arts college, creates a community of active learners, reflective thinkers, ethical decision-makers and responsible contributors in diverse professional, social and religious roles.
Dear Loras Alumni and Friends,

News headlines in recent years have required small liberal arts colleges like Loras to defend our place in education, explain why a liberal arts education is relevant in today’s world and have sometimes tough conversations with potential students about the cost of a private Catholic education. Through these discussions, we’ve also realized how important it is to help people understand what all of this means, and to help you put it into words should you be called upon to defend your alma mater and the amazing education you received.

In this issue and the next, we’ll explore what a liberal arts education provides, and in particular, how Loras delivers on its liberal arts promise through our purposeful commitment to developing Duhawks who are active learners, reflective thinkers, ethical decision-makers and responsible contributors.

Our mission as a liberal arts college comes to life in the following pages. You’ll find them in firsthand stories from alumni and students, profiles of Loras faculty and staff who are largely responsible for instilling these dispositions in our students, alumni who recognize the value a Loras-educated student can bring to their enterprise and examples of the dedication of our institution to supporting student research and community projects. In their totality, all of these examples strengthen our Duhawk network and purposefully guide the Loras student experience.

And this pride and dedication is powerfully demonstrated through the article on pages 42 through 45—the story of how you opened your hearts and showed immense generosity by contributing to the historic Inspiring Lives & Leadership campaign, which exceeded its $100 million goal! We have more work to do of course, but the foundation laid by this campaign positions Loras for continued success—academically, co-curricular and athletically.

Your annual chance to come back home to Loras and celebrate your Duhawk pride and all of our accomplishments is coming up as well. I hope to see you on campus for Homecoming October 6-8! Go Duhawks!

Pro deo et Patria,

James E. Collins ’84
President
Lorcas College launches hybrid Executive MBA in Business Analytics

Program also offers Graduate Certificate in Business Analytics

Loras College, Iowa’s first college, has launched its new hybrid Executive Master of Business Administration in Business Analytics degree. The program offers the flexibility of online learning with face-to-face interaction on the college campus.

“We are now delivering our most comprehensive analytics offerings to date,” Jim Collins, '84, president of Loras, said. “The hybrid format provides working adults more flexibility than night school and more interaction than online learning alone.”

Loras’ 36-credit Executive MBA in Business Analytics degree was shaped by a unique consortium of leaders in analytics. Each course is seven weeks long. The first six weeks of each course are delivered online in the evening via a live virtual classroom. The last week of the course has students coming together for a full weekend on the Loras campus.

“Many professionals are turning to hybrid programs to advance, revitalize or change careers without having to uproot their families or quit their jobs,” said Dale Lehman, Ph.D., director of the College’s Master of Business program. In addition, enrolled students receive a Graduate Certificate in Business Analytics once they complete the first five courses of the Executive MBA. Through the certificate, as well as the comprehensive Executive MBA program, individuals develop thought leadership skills that can immediately impact their business or organization.

“Graduates of the program not only receive an MBA, but also a certificate along the way, demonstrating the prowess they gain in analytics as the program progresses,” Lehman said.

Coursework includes topics such as visualization, storytelling, ethics and risk management. The Graduate Certificate in Business is also offered as a stand-alone credential for individuals who already have an MBA.

More employers from government to agriculture companies are seeking people with analytics training. A recent search of “analytics” on Indeed.com revealed 109,432 full-time positions. “Business analytics” resulted in 60,069 full-time jobs.

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The College’s chief education officer joined Loras July 10 from The Sage Colleges, New York, where she served as associate provost and a professor. “In this key role, Dr. Heald will work to build and strengthen the College’s tradition of academic excellence and innovation, collaborate with and inspire our multitalented faculty and play a major role within our leadership in launching our strategic goals for Loras’ future,” Loras President Jim Collins (’84) said.

As vice president of academic affairs, Heald is responsible for providing leadership to all academic programs and personnel. She also participates in overall planning, implementation and assessment of college-wide initiatives. Prior to her time at The Sages, Heald was associate dean for science education and director of pre-health professions advising at Fordham College at Rose Hill, Bronx, New York. She was associate professor at both Siena College, Loudonville, New York, and the University of Scranton, Pennsylvania. Heald also served as a visiting scholar at Lehigh University, Bethlehem, Pennsylvania, and visiting assistant professor at Middlebury College, Middlebury, Vermont, and Trinity College, Hartford, Connecticut, respectively. Throughout her career she has taught chemistry. Heald received her undergraduate degree in chemistry from the University of Scranton. She received her master’s and doctorate degrees in chemistry from Rensselaer Polytechnic Institute, Troy, New York.

“I’m looking forward to this new chapter at Loras and in Dubuque,” she said. “My desire was to return to Catholic higher education at a small college.”
THE DISPOSITIONS: THE CORE OF LORAS

IN 1997, John Waldmeir, Ph.D., professor of religious studies, joined Loras College as associate academic dean and, in his role, focused on assessment. Through his work and the intense work of the general education revision committee in 1998 and 1999, the dispositions were born in their current form. By focusing on four phrases from the then-longer mission statement, the group took the idea that the College intended to graduate students who could learn actively, think reflectively, decide matters ethically and contribute responsibly to various communities, and used them as guides for defining what successful outcomes mean for Loras graduates. The College’s dedication to creating an environment that supports active learners, reflective thinkers, ethical decision makers and responsible contributors is evident through its intentional academic and experiential structure. As students embrace academic, spiritual and personal challenges that Loras provides to grow in each of the dispositions, they prepare for successful futures. Ben Berning (’14), David Rodgers (’17), Seabelo Montwedi (’15) and Matt Sedlacek (’18) are just four of the many Duhawks who have explored or are exploring their talents, strengths and passions in their years at Loras—and showcasing the dispositions in their experiences. In this issue, you’ll learn how these students are reflecting active learning and responsible contributing. We’ll follow their stories through the spring issue, when we’ll explore how the other dispositions—reflective thinking and ethical decision-making—play out in their lives.
I came to Loras through the generosity of Paul L. (80) and Lura Breitbach and their vision for fostering lifelong Catholic leaders. The Breitbach Catholic Thinkers & Leaders (BCTL) program encouraged participation in service projects, study of great Catholic minds like St. Augustine and Dorothy Day and the creation of an institute to make the Gospel known. I went all in and loved every bit of it!

The path of fellowship of Catholic University Students (FOCUS) ministry came from two things: naturally from my formation as a young man and my desire to make the Gospel known in innovative ways to make the Gospel known. I went to a FOCUS Recruitment Weekend (an event for those discerning to join the apostolate) based on my admiration for the FOCUS missionaries and not on any hope of actually becoming a missionary. The weekend had a big impact on me. God spoke to me in a new way and I said “yes.” Instead of building a career in finance right out of college, I felt it was God’s will for me to work for FOCUS and reach out to peers on campus to bring them closer to Christ. It was tough decision, as I fund-raised my entire salary, but God has provided through the generous donations of my Mission Partners. It’s one of the best decisions I’ve made in my life!

Of the 125 campuses FOCUS serves in the past academic year, the one-choice for me, and for the student was wrestling with big-time life questions on the verge of renouncing his faith. However, he remained faithful to Bible study and would meet up regularly to talk through his questions and doubts. One evening, he called me after midnight to talk, and bearing how distraught he was. I got out of bed and found him waiting for me in the front yard. We talked for over an hour that night. The next day, he showed up for prayer at 7:45 in the morning and later at 5:15 Mass. I am so thankful he called that night. This man still asks big-time questions, but now with trust and faith in Jesus, he currently leads his own Bible study and is training another student in how to lead a Bible study as well—a true example of FOCUS’s efforts to foster “spiritual multiplication.” In fact, in the past academic year, there were nearly 18,500 students in 3,800 FOCUS Bible studies across the country. It is a great blessing to be a missionary to witness and to have a front-row seat to the Holy Spirit working on the hearts and minds of college students.

My bride, Bailey, and I served together all three years in Dubuque, but recently started to meet our families, so we asked to be placed at a campus close to one of our hometowns. Turns out, there was an opening at Loras! It was a blessing to be “coming home.” I will be the Campus Director for the team serving at Loras, and my prayer is that students’ hearts will be open to deep conversion and great recognition of Jesus Christ living and active in their lives. I’m glad to be doing it as a Deubaw!


Last three years, was the University of Minnesota Duluth. My mission in Duluth was the same as it will be on the Loras College campus in Dubuque: To make Jesus Christ known and fulfill His Great Commission (Matthew 28:19). Recent research shows that nearly 80 percent of Catholics who leave the faith do so by the age of 25. FOCUS’s response to this trend includes leading Bible studies, meeting up for discipleship and fostering a method of evangelization called “spiritual multiplication.”

When first arrived at Loras, I discovered in us many students as possible, after making visits and visits, I ended up with enough students to fill three weekly Bible studies, a total of 23 men in the first year. One student was wrestling with big-time life questions and on the verge of renouncing his faith. However, he remained faithful to Bible study and would meet up regularly to talk through his questions and doubts. One evening, he called me after midnight to talk, and bearing how distraught he was. I got out of bed and found him waiting for me in the front yard. We talked for over an hour that night. The next day, he showed up for prayer at 7:45 in the morning and later at 5:15 Mass. I am so thankful he called that night. This man still asks big-time questions, but now with trust and faith in Jesus, he currently leads his own Bible study and is training another student in how to lead a Bible study as well—a true example of FOCUS’s efforts to foster “spiritual multiplication.” In fact, in the past academic year, there were nearly 18,500 students in 3,800 FOCUS Bible studies across the country. It is a great blessing to be a missionary to witness and to have a front-row seat to the Holy Spirit working on the hearts and minds of college students.

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Loras is a small, Catholic, liberal arts institution. It’s our definition and our identity. It’s easy to understand that we are small and that we are rooted in and dedicated to educating in the Catholic tradition. But how do you describe liberal arts? It doesn’t mean that students, faculty, staff or our institutional values are liberal in the political sense of the word. And it doesn’t mean that our student body is made up of people interested in studying “the arts.” It also doesn’t mean that Loras graduates receive degrees in liberal arts (although most of our degree programs culminate in a bachelor of arts degree).

Assistant the myths and unclear ideas of what a liberal arts college is and what it provides, emerges the need for a definition. According to liberalartspower.org, a liberal arts education means studying broadly—taking classes in many different subjects—and finding skills that are ground toward more than just one profession. By studying the liberal arts, students develop strong critical thinking, problem solving and communication skills. Liberal arts students learn to approach questions flexibly and to think across multiple disciplines. These are skills employers say they value most, even more than a specific major in today’s labor market, career paths are changing rapidly, and graduates must draw from a variety of skills to adapt to challenges and capitalize on opportunities.

In the face of scrutiny and misunderstanding, the Council for Independent Colleges launched a creative way to help dispel the myths of a liberal arts college. In 2014, Liberal arts got a face— or two. Libby and Art, cartoon characters created to dispel myths about the liberal arts by trolling Twitter (in a good way), made their debut. The characters, under the Twitter handle @smarttrolls, exposed to Twitter posts to defend the liberal arts when a tweet pops up that gets the facts wrong or casts liberal arts learning in negative light.

At Loras, liberal arts learning is achieved through a purposeful environment that reflects our mission statement and in the dispositions we seek to instill in every Loras College graduate: active learning, reflective thinking, ethical decision-making and responsible contributing. Through this issue, you’ll see examples of each of these dispositions, and a particular focus now we work on achieving our mission of creating and supporting active learning and responsible contributing. In the Spring 2018 issue, we’ll further explore how we create an environment that supports ethical decision-making and reflective thinking.

"LIBERAL ARTS STUDENTS LEARN TO APPROACH QUESTIONS FLEXIBLY AND TO THINK ACROSS MULTIPLE DISCIPLINES. THESE ARE SKILLS EMPLOYERS SAY THEY VALUE MOST, EVEN MORE THAN A SPECIFIC MAJOR."

"Being a double major has allowed me to explore an array of options, especially when it pertains to graduate studies. I am interested in pursuing a master’s degree in school psychology and working in education, and I have also explored the idea of clinical psychology as well. I can’t say I’ve made my absolute decision yet, but that’s the benefit of still having another year of undergrad left."

From the beginning, I’ve been encouraged to be an active learner through involving myself in the community and also exploring problems from multiple viewpoints. Loras also strongly encourages internship and experiential learning, and through opportunities that have stemmed from this, I have been able to work closely with the community and learn about various opportunities. I interned in doing an internship this summer but not having any clue as to where. They directed me to opportunities of interest in the area and also offered assistance and input regarding the Great Lakes Grant offered at Loras. I was already aware of Resource Units due to its president, Josh Jasper, who came to speak on sexual assault/domestic violence during our Launch into Loras weekend at the beginning of my freshman year. I was interested in the position right away. Each day, I gain the opportunity to engage with the Dubuque community and build a genuine conversation with someone in need of assistance. Each new client who walks through the door becomes a part of our intake process, when we first get general information and the person necessary to help and remain in contact with them, and then give them the opportunity to discuss both what brought them to the door along with anything else they need. Through this, we have the chance to get a greater understanding of the individual, their concerns, and their resources are available for them. We refer clients to different nonprofits in the Dubuque community that address the specific need of the client, which can range from assistance with utility bills and rent payments, to a referral to a food pantry.

I have also been given the opportunity to be a responsible contributor to both the Loras and the surrounding Dubuque communities through my honors project. During my honors project, I was able to get experience firsthand in tackling some of the ongoing difficulties certain population groups have. My honors project focuses on veterans in the Dubuque community, and my fellow classroommate/partner and I are working with our community partner, Veterans Freedom Center (VFC), to work on ways to best help veterans cope with the mental difficulties they bring home from combat. This is a three-year project, relationships between Loras students and members of the Dubuque community with intellectual disabilities. AmeriCorps supplied an education award upon completion of three hours.

In the spring, I served as the marketing intern for St. Mark Youth Enrichment in Dubuque. The program looks to aid students at Title I schools by providing before- and after-school programs where children get to practice reading while having, safe fun. I became involved while working with the Loras Center for Experiential Learning. My goal was to find a nonprofit job where I could apply my skill set. While working as St. Mark, I was given the chance to learn fundraising firsthand as well as create many public relations tools for the organization. The cherry on top of this amazing opportunity was the chance to be the keynote speaker during the organization’s largest fundraising dinner. My topic for my keynote speech was kids from our great backgrounds making it. The best part of my experience, hands down, was the chance to work with kids who were like me growing up who could relate to finding that regardless of where you come from, everyone can succeed if they follow the right path.

I also participated in AmeriCorps through the Loras College Dubuque project and served in the Dubuque’s Executive Board for three years. Because Dubuiddies is an organization that works directly with the community, I was able to work with AmeriCorps, thanks to Maggie Baker, Loras College service learning coordinator. As AmeriCorps members, the organization to contribute a certain amount of hours and members of the Dubuque community with intellectual disabilities, AmeriCorps supplied an education award upon completion of three hours.

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Loras College is committed to a first-year experience that emphasizes student, faculty and staff interactions to promote growth and academic success for all first-year students. Students develop foundational skills in critical inquiry, communication and quantitative reasoning and prepare themselves for significant learning experiences in all environments. The campus community encourages intellectual curiosity, personal and social responsibility, ethical behavior and a deep understanding of equity in order to live responsibly, productively and creatively in a dramatically changing world.

LAURA CIFUENTES-ALMANZA

“I know how hard it can be to find one’s self during the first year. It is all new and crazy, and getting confused can be pretty easy. I wanted to be able to help other students with that transition and to help them see all the opportunities and experiences college has to offer.” said Laura CIFUENTES-ALMANZA (‘19) (Bogota, Colombia), sociology, international studies and media studies major, and 2017 MOI peer assistant. “My MOI and Launch experience was one that made me ease into college and feel even more at home.”
“The timing is right,” Walsh said. “Brinton was excited to take on the new challenge. I wouldn’t have made the transition if there wasn’t somebody with the energy and passion to lead DM successfully, and I feel like a new leader and a young perspective can help the group grow.”

Walsh launched DM in 2005 as a part of Lead 4 Loras, a four-tiered program that taught students leadership skills and the importance of service and philanthropy. She implemented Loras’ involvement with DM for the third tier so students in Lead 4 Loras could work on a tangible project that incorporated service and philanthropy. Students quickly focused on philanthropic and service efforts to raise money for and awareness of the 67,000 children and their families served annually by University of Iowa Stead Family Children’s Hospital. After two years, DM’s popularity and success demonstrated that it should be a student organization recognized in its own right, and it was separated from Lead 4 Loras in 2008.

In 2015, Walsh was promoted from director of student life to associate dean of students, a change that has required more of her focus be placed on division projects and initiatives, leaving less time for advisement of the DM group.

“I’ll always be involved in and passionate for DM, particularly with my personal situation,” she said.

Walsh’s niece, Anna Weitz, was a Miracle Kid, what DM students call the children receiving treatment at the Children’s Hospital. Anna had Stage 4 Rhabdomyosarcoma. A type of sarcoma, rhabdomyosarcoma is cancer of soft tissue (such as muscle), connective tissue (such as tendon or cartilage) or bone. Rhabdomyosarcoma usually begins in muscles that are attached to bones and that help the body move. Anna died in 2013.

Although students graduate and Loras Dance Marathon student leadership changes every year, one face has been a constant for those involved in the Children’s Miracle Network® fundraiser. For the last 12 years, Kim Walsh, associate dean of students, has served as the advisor to Dance Marathon, or DM. Next year, she hands the reigns to Brinton Vincent, assistant director of student life.

“We definitely want to keep moving forward with goals that challenge the students,” he said. “This first year will be about keeping the same structure and figuring out under my lens what I’d like to change after seeing the event go through a full year.”

Michaela Dohleman (’18) co-president of DM for 2017–18, outlined some of the student leadership’s goals.

“One of our biggest goals is to become more recognizable off campus in the Dubuque community,” she said. “We are planning new fundraisers and reaching out to new businesses and organizations. We’re also going to continue working with Sioux Iowa, a consortium of all the Iowa colleges and universities that participate in DM, to compare strategies and share techniques so we can better benefit the University of Iowa Stead Family Children’s Hospital.”

The theme of this year’s DM is Give the World a Reason to Dance.

“When I got to Loras, I learned Dance Marathon’s mission,” said Paige Bildstein (’19) 2017–18 DM co-president. “I fell in love with the cause, and now my passion for our organization continues to grow. I’m excited to be a part of Dance Marathon’s continued positive vibe on campus.”

“I see the theme as a great opportunity to spread our ‘why,’” Dohleman said. “If people can understand why we pour our time into this organization, why we go without sleep, why we drive three hours to the hospital to raise money for an hour, they’ll be able to join us and spread this further, across campus, across Dubuque and across Iowa.”
MEET YOUR NEW
National Alumni Board Members

We recently caught up with Sarah (Douglas) Squires (’89) and Seamus Ahern (’04) to learn more about their paths to Loras College, the impact their time on campus had on their lives and their motivation to serve on the National Alumni Board (NAB).

SARAH (Douglas) SQUIRES (’89)

Why did you choose Loras?
My sister Susan Douglas (’85), went to Loras, and I came up every year for Little Sister Weekend. I was able to meet some of the faculty like Rev. Bob Beck, S.M.M. (’62) (professor emeritus of religious studies) and the late Don (professor emeritus of theater) and Garrett (Squires) (’77) Stribling (Loras Players theater group). By the third year, Loras felt like family, so at that point, there was no question where I was going to go. My parents were also pretty persuasive!

Which activities, organizations and sports were you involved in at Loras?
Activities at Loras included concert band, jazz band, choirs, musicals and track. It was great to have the opportunity to participate in so many activities, which introduced me to a lot of new people who are still friends today.

What were some of the highlights of your time at Loras?
Father Beck was always someone who could very rationally put situations into perspective. His door was always open, and his sense of humor was unfailable. The Striblings were also very influential in making my experience at Loras special. They not only taught me the lessons of theater and stage, but also the simple lessons of kindness, humility and gratitude.

How did Loras prepare you for your career path?
The Media Studies program enabled me to have a really good understanding about how things work and the hierarchy of how projects get completed and paid!

Why serve on the NAB?
I am employed by Univision Communications, Inc., and my number one goal is to bring diversity to Loras, especially as it pertains to the growing U.S. Hispanic population. My goal is to be able to positively assist in recruitment and admission, as well as offer advice and support to enroll Hispanic students on campus.

Sarah and her husband Bob (’85), live in Greenwood, California, with their two sons.

SEAMUS AHERN (’04)

Why did you choose Loras?
I would have to give credit to my father, the late John T. Ahern (’60). I recall Dad bringing my brothers and I up for Homecoming games when I was young, and he always introduced me to his classmates like Cashman (’85), Bob Naughton (’66) and James Patrick Hayes (’60), who I still keep in regular contact with today. He always had these great stories of his his time attending Loras Academy, so I was drawn to Loras at a very early age.

Which activities, organizations and sports were you involved in at Loras?
I was a member of the Loras football team, and was very involved in student government and Criminal Justice Club.

What were some of the highlights of your time at Loras?
One compelling experience was being on campus the morning of 9/11. I recall coming back to Byrne Dales after early football films, and my kinematographs were all trampled around the parking lot watching the first reports come in after the attacks on New York City and the Pentagon. I knew immediately our country would be changed forever. I recall attending the Rock Bowl that evening for a memorial service and in awe at how many students and faculty attended the service to remember our fallen Americans. I was also struck by how close our Loras College family really is, and that is something that I will always remember and has always remained with me.

How did Loras prepare you for your career path?
I could go down the list of the many ways Loras prepared me for my career path, however, one major takeaway is that the college challenged me in the classroom in a very positive way. I was challenged by the many professors I had throughout my time at Loras and often draw on those experiences in my career now.

Why serve on the NAB?
I hope to continue the great tradition and work of the NAB, make an impact on the future Duhawks attending Loras and be a voice for my fellow Duhawks alumni who want to have an impact on Loras College!

Ahern and his wife Amanda live in Ashby, Virginia, with their son.

Loras College Dance Marathon raised $216,061 for the Children’s Miracle Network and the University of Iowa Stead Family Children’s Hospital on April 29, a $15,000 increase over last year.

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“Let’s Go Wild!”

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One compelling experience was being on campus the morning of 9/11. I recall coming back to Byrne Dales after early football films, and my kinematographs were all trampled around the parking lot watching the first reports come in after the attacks on New York City and the Pentagon. I knew immediately our country would be changed forever. I recall attending the Rock Bowl that evening for a memorial service and in awe at how many students and faculty attended the service to remember our fallen Americans. I was also struck by how close our Loras College family really is, and that is something that I will always remember and has always remained with me.

How did Loras prepare you for your career path?
I could go down the list of the many ways Loras prepared me for my career path, however, one major takeaway is that the college challenged me in the classroom in a very positive way. I was challenged by the many professors I had throughout my time at Loras and often draw on those experiences in my career now.

Why serve on the NAB?
I hope to continue the great tradition and work of the NAB, make an impact on the future Duhawks attending Loras and be a voice for my fellow Duhawks alumni who want to have an impact on Loras College!

Ahern and his wife Amanda live in Ashby, Virginia, with their son.

Loras College Dance Marathon raised $216,061 for the Children’s Miracle Network and the University of Iowa Stead Family Children’s Hospital on April 29, a $15,000 increase over last year.

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We’ve all experienced a moment when we were helped or buoyed by a Loras College contact, right? This is the page where you’ll find those stories. Introducing our newest magazine section, Duhawks Supporting Duhawks. We’d love to hear your stories and include them if we can. Please email magazine@loras.edu if you have a Duhawks Supporting Duhawks story, big or small, to share!

SEEKING TALENT FROM LORAS

Lauren (Squires) Ready (‘08) left Loras for Memphis, Tennessee, a few years after graduation. After long hours, nights and weekends as a reporter for the NBC affiliate there, her passion for nonprofit volunteering took shape as a business venture, and Forever Ready Productions LLC was born in 2014 and became her full-time job in 2016. “In my first full-year working solo we generated so much work that I knew it was time to hire an employee. That’s when Loras came to mind,” she said. “I visited the campus almost every time I came back. It was during one of those visits in a meeting with Bobbi (Head) Earles (‘88) (executive director of alumni and communication) that I got the idea to bring a Loras intern down for the summer. It’s also something Craig Schaefer (‘89) (professor of communication arts) and I had always discussed as I made the transition from TV news to business owner.” She met me connected with the Center for Experiential Learning office and soon current and soon-to-graduate students. After doing several on-campus interviews, we decided to pull not one, but two Duhawks down to Memphis. Julie White (‘17) joined us in May as a full-time video producer, and Brody Kuhar (Elburn, Illinois) is our summer video intern. Together they are helping us expand our reach in Memphis and continuing to make an impact in the stories we tell. They were trained the same way I was—via the Media Studies program at Loras—and they get it when it comes to the heart of why we do what we do. In the first month with Forever Ready Productions we produced eight videos for a local hospital and received four major events for various clients. It means so much to me to provide growth opportunities and life experiences for both of them. And I can’t wait to see how their experiences in Memphis and with our clients help shape their perspective of the world.”

SUPPORTING DUHAWKS

Forever Ready Productions works with nonprofits, small businesses and start-ups to create fast-paced, quickly-turned, quality video content in the Memphis area. 

Vincent Mazza (‘91), National Alumni Board member and driving force behind the program said, “Students and alumni have been informally mentoring Duhawks almost since I graduated. I believe it’s important to have mentors throughout your life and in various capacities—professional, religious, physical trainers, hobbies, etc. Starting early in your career with the right mentors helps build a solid foundation. I like to see successful alums and watch their process of becoming successful and leading more rewarding lives. The mentoring program is a great way to help our students and alumni for life.”

If you are interested in being a mentor or a mentee, contact Tom Jensen, 563.588.7179, thomas.jensen@loras.edu, Vince Mazza (‘91) 630.300.8504, vmazza@guardstreet.com or visit the Loras College Alumni Group on Linkedin.

ABOUT FOREVER READY PRODUCTIONS

Forever Ready Productions works with nonprofits, small businesses and start-ups to create fast-paced, quickly-turned, quality video content in the Memphis area.
This is a new section for the magazine, where you’ll find a conglomeration of chatter on Loras College social media! Ranging from profound or funny to simple or just “very Loras,” we’ll give you a snapshot in each issue of what is happening in Loras’ social world. Follow us!

TRENDING

Loras grad! Education about making a better world
A seminar for social justice has been one of Loras’ fall classes, sharing principles throughout the time at Loras College.

Loras Men’s Soccer @LorasMensSoccer | Aug 12
Post from Saturday’s 7-1 win over Joliet. @KiloDowns //Klo/CPC

Loras Football @LorasCollegeFB | Aug 14
VIDEO: Checking in on Day 3 of Fall Camp! //Gdolihwke A2D2-Mac

First-year student comes from a flock of Duhawks
MDA/MDA: home; daughter shares amazing weeks and place right now for great traditions, Loras’ family, however, takes it a step further—here, ... (12:00)

Loras College

Loras College’s All-Sports Camp, now in its 30th year, offers children ages 7 to 14 an amazing opportunity to receive instruction in a major sport, along with training in two additional minor sports of their choice. All of this takes place in an atmosphere that features Christian values, sportsmanship and citizenship. For many campers, All-Sports Camp is where friendships start and thrive for years to come. //Lorames𥆸afUDil/>Lorames𥆸afUDil/>

Loras College

#dupride

TRANSITIONING CITIES

1989 Loras graduate, Cindy Steinbacher, will take over as city manager of Frankfort, Kentucky on June 8th. This is after she has served as Assistant City Manager of Dubuque since 2001 where she has helped with projects such as a sustainable Dubuque and master plans for downtown and Historic Millwork District revitalization.

Loras College

Loras College

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Loras College
This spring, the group unveiled a campus-owned house, 725 W. 17th Street, fitted with six solar panels that will generate 70 to 90 percent of the home’s power.

“This is a testament to the ways education and leadership can make real, positive changes in communities,” said Erin VanLaningham, Ph.D., director of the Honors Program and associate professor of English. “Their sustained focus and effort over a three-year period yielded results.”

The Honors Program encourages students to apply research to local problems. In this case, the students sought funding, used climate change research and worked with various campus and community groups to bring solar energy to Loras.

The students also comprise the Loras College Solar Power Initiative (LoCoSoPo). The organization strives to usher Loras into a sustainable future through the promotion of solar power awareness, the installation of solar panels on campus and community involvement in current sustainability efforts.

Andy Auge (‘78), Ph.D., professor of English and Benjamin Darr, Ph.D., professor of politics, mentor the group.

Loras alumnus Raki Giannakouros (’02), board member of Green Dubuque and vice president of Blue Sky Solar, donated $500 to the $4,000 project and much of his free time to meet with the students. Blue Sky also gifted installation fees.

Three years ago, six Loras College Honors students with an interest in sustainability wanted to see a change on campus. Starting with research ranging from climate change mitigation to analysis of the papal encyclical, Laudato si’ (‘17), Mary Phillips (‘17), Haylee Schiltz (‘17), Danielle Stromert (‘17), Ellen Horst (‘17), Maria McGreal (‘17) and Louisa Pavlik (‘17) proposed an integrative research project with a tangible goal: installation of solar power on campus.

The group below was instrumental in fitting a campus-owned house with solar panels. Pictured back row (left to right): Ben Darr, Ph.D., associate professor of politics; Raki Giannakouros, of Blue Sky Solar; Eric Anglada, of St. Isidore Catholic Worker Farm and Matt Rissler, Ph.D., associate professor of mathematics. Front row (left to right): Louisa Pavlik (‘17), Maria McGreal (‘17), Mary Phillips (‘17), Ellen Horst (‘17), Haylee Schiltz (‘17) and Danielle Stromert (‘17), all members of the Honors Program Loras College Solar Power Initiative.

Father Dennis Miller (‘97) blesses the home at the unveiling.

“This group can’t express enough gratitude to Raki,” Louisa Pavlik (‘17) of LoCoSoPo said. “His technical knowledge and patience in helping our group navigate installation have been a blessing. I definitely see truth in the saying ‘Duhawks supporting Duhawks.’”

As a Catholic college, Loras seeks to practice the Catholic social teaching principle of Care for Creation.

“I’m proud that Loras College is further embracing renewable energy, and I’m even prouder that it was a group of students that made it happen,” Darr said. “The College can now add solar to its clean energy portfolio, which already includes geothermal heating.”
Board Shares Influences and Advice

More than 8,000 female students have graduated since Loras College became coed in 1971. Currently, 47 percent of the undergraduate student body is female. To help meet the needs of female students and to connect students, alumni, faculty and staff, the College officially launched the Loras Women’s Leadership Alliance on March 21, 2017, with a reception on campus. On September 13, 2017, the group hosted a professional development opportunity with board member Beth Nischik Mund ’96 as keynote.

The organization initiated a scholarship fundraising effort last spring, and board members are currently developing infrastructure and creating committees. Future activities will include personal and career development, networking, mentoring and additional fundraising to support current and future students.

Jamie Cowell ’12, social work major

What does it mean to you to be on the Loras Women’s Leadership Alliance Board?

It is a true honor to be on this board. For me, it means being able to help young women navigate their college careers at Loras. It means being a welcoming person for students, being able to assist students through mentorship, networking and financially, and lastly, Dubuque helping and supporting Dubuks!

Why do you give back to Loras College?

I give back to Loras because the college was the best experience I gave myself. It isn’t the case for most students like me, and it’s really important to me to give back to Loras in order for this type of support to continue for years to come.

Who or what has/have proven to be your biggest lifetime influence(s)?

My mom! She was my number-one cheerleader for going to college when no one else in the family had done it before. It was a big, scary step to take, but she was right there with me. She’s still there for me today. I’m so lucky to have her because she supports anything I choose to do, which is so important for women to have today.

My biggest lifetime experience would be studying abroad in South Africa. I was able to experience this during my time as a student at Loras, and it changed my life forever! I traveled there in 2010, lived there for six months and learned more about myself than I had in all the other years of my life. Traveling helps you see that, so if you’re able to go abroad, “Du” it!

What advice would you give today’s female student?

A very difficult question to answer in today’s world! I love the words, “Always be kinder than necessary, for everyone you meet is fighting some type of battle.” It doesn’t matter how big or small that battle is in comparison to someone else’s. We are all facing some type of challenge. We have no idea how their challenge is affecting that person, so being the kind face they see walking the sidewalks of campus or the person who asks how they’re doing or offers to lend them a helping hand is the type of person our world needs to be filled with, and that I strive to be every day. And what better group to be part of than Loras women. We are here and we want to support them with the Women’s Leadership Alliance!

CAREER PATH AND OCCUPATION:

Social work—Recess & Rite Mentoring program director, Dubuque, Iowa

Jane (Neutral) Demmer ’76, mathematics major

What does it mean to you to be on the Loras Women’s Leadership Alliance Board?

I want to be able to help other Dubucks be successful in their careers.

Why do you give back to Loras Colleges?

I was fortunate to have Loras College professors who gave me excellent career guidance and motivation, and I want to pay that back to other Loras women.

Who or what has/have proven to be your biggest lifetime influence(s)?

The biggest influence has been my parents.

CAREER PATH AND OCCUPATION:

Retired Information Technology manager, Cedar Falls, Iowa

Theresa E. (Obermann) Hoffman ’81, political science major

What does it mean to you to be on the Loras Women’s Leadership Alliance Board?

I appreciate any opportunity to be involved with the Loras College community and to provide a resource for students and alumni. Having a daughter at Loras College now brings home the need to provide opportunities for students to engage with alumni.

Why do you give back to Loras College?

I have the opportunities that I do today in great part due to my years at Loras. The college provided me with an excellent education and an opportunity to be engaged in a faith-filled community. Giving back is one way to thank Loras for all that it has been and continues to be for me.

What advice would you give today’s female student?

Follow your passions and whatever career path you choose, give it your best possible effort, keeping in mind the life priorities of faith and family. If you have your priorities right, all else will fall in line.

Who or what has/have proven to be your biggest lifetime influence(s)?

The biggest influence has been the opportunity to go to Loras College, as it instilled in me the belief that I could do whatever I set my mind to and that the opportunities were there if I only chose to recognize them.

CAREER PATH AND OCCUPATION:

Attorney at law, Waterloo, Iowa

Loras College Regent

Former Head Volleyball Coach Theresa Kehoe, current Head Softball Coach Ashley (Rogers) Winter and the Loras volleyball team also were huge influences for me during my time at Loras. This group of women provided me with a support network that I will forever be thankful for. Even though I was only the team manager. I made my best friend on this team, I learned a lot about college sports that I had never before been exposed to and I had a great team of support that could turn to when I was in need.

CAREER PATH AND OCCUPATION:

Attorney at law, Waterloo, Iowa

Donna Raunert, Ph.D., now professor emerita of English, and the late Richard Clark, Ph.D., professor of political science.

Find good mentors, meet with them frequently and don’t be afraid to ask for advice or help.

Former Head Women’s Volleyball Coach Donna Raunert ’70, mathematics major

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Debra (O’Connor) Gustafson (’76), business administration and marketing majors

What does it mean to you to be the Loras Women’s Leadership Alliance Board? I am so happy to see the board’s focus on helping female future leaders.

What does it mean to you to be on the Loras Women’s Leadership Alliance Board? I am on the front lines and see the students who really struggle to pay for college while trying to study. Some students today work two to three jobs as well as take a full load of classes. I could have never done that and been able to pass my classes. It’s hard for them to remember why they are doing a (potential future opportunity) versus getting the dollars to pay for it all. Those who juggle it all and do it well are very awe-inspiring. I can only imagine what they could do without the pressure to work 40 hours “on the side.” Those who struggle financially lose out on opportunities because they are too busy paying for school. School is so much more than “school.”

Who or what has/have proven to be your biggest influence(s)?

The values of social work I have learned and practiced and been able to pass my classes. It’s hard for them to do a full load of classes. I could have never done that and been able to pass my classes. It’s hard for them to remember why they are doing a (potential future opportunity) versus getting the dollars to pay for it all. Those who juggle it all and do it well are very awe-inspiring. I can only imagine what they could do without the pressure to work 40 hours “on the side.” Those who struggle financially lose out on opportunities because they are too busy paying for school. School is so much more than “school.”

Why do you give back to Loras College? Loras is my home—only in the past two years, it’s where I met my most interesting friends, discovered who I am, experienced things I never imagined (service, study abroad, etc.) and truly began to live as an adult.

What advice would you give today’s female student?

Find what you love and follow in every way. Don’t be afraid to try new things, see experiences and say “yes” to opportunities like internships, service trips, leadership roles, study-abroad and volunteer opportunities starting your first year and gradually increasing the intensity and responsibilities as you mature at Loras. You will never regret any of these encounters.

Nancy Zachar Fett (’80), social work major

What does it mean to you to be the Loras Women’s Leadership Alliance Board? I am so proud to be a part of the board that has shaped me into the person I am today. I am grateful for the scholarship I received many years ago that allowed me to attend Loras. My husband, Jeff, and I have built our professional lives.

Why do you give back to Loras College?

Throughout my career at Loras College it was alumni who guided me through internship experiences, AmeriCorps volunteer opportunities and eventually my first full-time position upon graduation. Without their guidance and encouragement I would not have had these tremendous opportunities.

What advice would you give your biggest influence(s)?

My parents. From day one they have been my biggest supporters as I chased whatever goal I had set for myself. They have taught me the value of a strong work ethic through their unwavering ability to provide me with the skill set needed to pursue my dreams.

Ashley Marie Miller (’13), business administration major

What does it mean to you to be on the Loras Women’s Leadership Alliance Board? Being a part of the Loras Women’s Leadership Alliance Board gives me the opportunity to work alongside and build relationships with fellow alumni who share similar values. It also allows me to give back to a place that has shaped me into the person I am and provided me with the skill set needed to pursue my dreams.

Why do you give back to Loras College?

Loras has touched our family in so many ways. I am grateful for the scholarships I received many years ago that allowed me to attend Loras. My husband, Jeff, and I have built our professional lives through their unwavering ability to provide me with the skill set needed to pursue my dreams. My team would say I remained a poised and consummate professional during this tragedy and during my years of work representing NASA. I’d like to think that people started at Loras, where you learn to build your foundation based on your faith and community.

What advice would you give today’s female student?

“...be like a duck. Calm on the surface, but always paddling like the ducks underneath.” – Michael Caine

Beth (Nischik) Mund (’86), journalism and public relations majors

What does it mean to you to be on the Loras Women’s Leadership Alliance Board? Service is a part of the Loras tradition that began the very first day I walked in the campus. Now, as an alumna, it will be my honor to be of service to the young women at Loras who will become our future leaders.

Who or what has/have proven to be your biggest influence(s)?

The late Rev. John Naumann, Ph.D. (’46), former associate professor of psychology, Revana Capuata, Ph.D., professor of philosophy, Mario Fagutiti, P.L.D., former associate professor of social work and assistant to the president; and Jim (’86) and Judy Giesen, former Loras staff members.

What advice would you give today’s female student?

Follow your heart. Do what makes you happy and you will be successful. Find joy in your personal and professional lives.

CAREER PATH AND OCCUPATION: Former financial services professional at Loras College.
Sarah (Schroeder) Ross ('81), business and sociology majors

What does it mean to you to be on the Loras Women’s Leadership Alliance Board? I feel honored to be a part of a board whose focus is the personal and professional success of women. In its five short months of existence, the board has created a strong community of alumni and current students who want to work together to bring awareness and create opportunities for the women of Loras.

Who or what has/have proven to be your biggest influence(s)? My husband, Pete, has always supported and encouraged me to continue my education and my career, reminding me that women can be bankers. Both of my boys, Matt and Mark, continue to amaze me with their kindness and drive to do what they want to do in life.

Jennifer Skipper ('97), media studies major

What does it mean to you to be on the Loras Women’s Leadership Alliance Board? I found my voice as a woman and as a professional while at Loras. I want to help others do the same. I have worked professionally.

What advice would you give today’s female student? Never stop learning, always challenge yourself and never underestimate your capabilities.

Karen (Smith) Runde, D.D.S. ('07), biology major

What does it mean to you to be on the Loras Women’s Leadership Alliance Board? Having been a recipient of several scholarships, my tuition was and can attend an institution they feel is the best fit for them.

What advice would you give today’s female student? Dare to challenge yourself, and never give up on your dreams!
LILY HORST FIFTH OF SIBLINGS TO ATTEND LORAS COLLEGE

First-Year Student Comes from a Flock of Duhawks

Bedtime stories, evening walks and pizza nights make for great traditions. Lily Horst’s family, however, takes it a step further. Horst, a first-year student at Loras College, is the newest and fifth of her brothers and sisters to choose Loras. Her parents, Gerald and Marcy, both 1986 graduates, also attended Loras.

“I have always loved the school and couldn’t wait for my turn to become a Duhawk,” Horst said. Besides family ties, Horst chose Loras for its burgeoning science and pre-medicine programs. It was her first formal visit that cemented her decision to carry on the Duhawk tradition.

“I watched my siblings come out of Loras with all the tools they needed to accomplish their goals, and I knew Loras was the place to help me accomplish my own personal aspirations,” she said. Horst’s brother, Patrick, is a graduate of University of Northern Iowa while her fifth sister, Grace, is a sophomore at Vinton-Shellsburg High School.

Not surprisingly, Horst feels at home at Loras.

“I have made so many great friends and memories,” she said. “It’s been a blast getting the chance to come to Loras after my family members, but doing it my way with my own experiences and stories to share!”

Let’s Celebrate
2017 DISTINGUISHED ALUMNI RECIPIENTS

During our time on campus, Loras challenged us all to be the best version of ourselves and to go into the world and make a difference. There are countless alumni who have lived out that call, and the National Alumni Board is pleased to acknowledge the impact of these individuals.

The National Alumni Board is proud to announce the 2017 Distinguished Alumni recipients. There are five categories that recognize everything from service and support to accomplishments and community impact. We invite you to celebrate this fall as these alumni are inducted during Homecoming weekend. Please make plans now to join them on Saturday, October 7, 2017.

FR. DAVID BEAUVAIS
(’58)
Humanitarian Award

KATHY (HOPKIN) HANNAN
(’83)
Professional Achievements

CHARLIE WEEPIE
(’53)
Amicus Award

IMAL PEDRIANA
(’00)
Young Alumnus Award

ROBERT TUCKER, Ed.D.
Campus Contributions

FR. DAVID BEAUVAIS
(’58)
Humanitarian Award

KATHY (HOPKIN) HANNAN
(’83)
Professional Achievements

CHARLIE WEEPIE
(’53)
Amicus Award

IMAL PEDRIANA
(’00)
Young Alumnus Award

The National Alumni Board has been honoring alumni for their contributions since 1989. Help us recognize a professor, classmate, mentor or friend in 2018; nominate someone you know today who is making their mark. Log on to loras.edu/alumni.
LEARNING BY DOING

STUDENTS DIVE INTO RESEARCH WITH THE LORAS CARES LAB

LORAS COLLEGE STUDENTS are no strangers to being involved in research projects across various disciplines, from English or education to biology or engineering. As an important component of active learning, students have participated in research projects on campus and off, thanks to partnerships and grant funding.

The students working with Keith Thraen-Borowski, Ph.D., assistant professor of kinesiology and biology, are no exception. Thraen-Borowski is the founder and director of the LORAS CANCER RESEARCH IN EXERCISE SCIENCE LABORATORY (CARES LAB), which focuses on evaluating the relationship between physical activity, prognosis and quality of life in cancer survivors.

“Cancer survivors face many challenges specific to their cancer diagnosis and its associated treatment,” Thraen-Borowski said. “Physical activity has been shown to mediate these challenges and improve a number of health outcomes in this population.”

Keith Thraen-Borowski, Ph.D., assistant professor of kinesiology and biology, works with Jen Nottrott, a breast cancer survivor.
The intervention will be carried out at the Athletic and the CARES Lab is in the process of launching its attempt to increase physical activity in cancer survivors are typically conducted at major academic centers. Yet, nearly 90 percent of cancer patients aren’t treated at these types of centers, but rather in community settings. Our research lab looks at the feasibility and effectiveness of conducting physical activity interventions in cancer survivors at the community level.”

While this is encouraging, most interventions are conducted at major cancer centers. Yet, nearly 90 percent of cancer patients aren’t treated at these types of centers, but rather in community settings. Our research lab looks at the feasibility and effectiveness of conducting physical activity interventions in cancer survivors at the community level.”

I am glad we are able to research this in conjunction with health outcomes for cancer survivors—which is a crucial area of study,” Hoffsteter said. “I have learned a lot about how to design, execute and interpret experimental research. The CARES Lab has also helped me take more interest in my school work. It is obviously a great opportunity to add my CARES Lab experience to my undergraduate portfolio as I look to continue on to graduate school!”

This is very exciting for our community and quite rewarding for myself, the students involved and Loras College as a whole.” — Keith Thraen-Borowski, Ph.D.
J-Term: Integrating Experiential Learning

In the fall of 2007 the Loras College calendar was expanded to include the January term. The addition of a three-week accelerated term in January would have an experiential focus. All courses would be for three (3) credits, and two (2) J-terms would be required for graduation. There would be no additional tuition charge for the term, but courses that incurred additional expenses due to travel, equipment, supplies, etc. would be charged a course fee.

While not a new idea on college campuses, the J-term at Loras requires that courses integrate experiential learning. As a result, every Loras student learns how to make meaning out of experience, and faculty has found new ways to enrich student learning.

The goal: Provide students with the tools and experiences that will enable them to learn from their experiences (with cultures, communities and professional worlds) so that they develop the skills, capacities and dispositions to contribute to our world.

Students in January-term courses have traveled internationally to Greece, Honduras, Peru, Italy, France, England, Ireland, New Zealand, Guatemala, Germany and Portugal. Community-based learning courses were perhaps the most natural courses to develop—especially for faculty who are accustomed to teaching courses that delve into issues of justice or ethics during the regular terms.

And the practice of offering the community as a host for the course has begun to spread beyond the “service” disciplines.

In-depth study courses are taught at introductory and advanced levels with a depth and focus on content that is more challenging than during the regular term. These types of courses have offered opportunities to expose students to elective content in the major, allowing majors and non-majors alike the chance to experience more engaging aspects of their field.

Through course evaluations, students rate their progress on course objectives and the quality of the teacher and the course. From that data, it’s clear that students are more positive about their learning experiences during J-term than they are about their Fall and spring term instruction.

More than 40 new courses that integrate experiential pedagogies have been created in the last 10 years, with an average of four courses each year that offer international travel experiences and fee that offer domestic travel.

“Next time you’re doing for three weeks, so it’s an intense immersion in a topic. I think it’s always experiential, it’s the only thing you’re focused on and often if it really forces you out of your comfort zone. It’s exhausting to both teach and take, but at the end you feel like you’ve really done something,” explained Amy Lorenz, Ph.D., professor of languages and director of graduate programs.

What do snakes and wild mushrooms have in common with the climate-change discussion? Perhaps it is better when approaching all three to err on the side of caution; in other words, to adhere to what many refer to as “the precautionary principle.” According to the philosopher Manuel Vazquez, the precautionary principle states that if a practice or technology involves an unknown risk of very serious and irreversible consequences, we are not certain how large that risk is, or even whether or not it exists, then that practice or technology should be rejected until we are certain that the risk is nonexistent or not serious.

Just as with encounters with snakes and mushrooms in the wild, so too with climate change that prudent counsels caution; better to be more cautious than less—better to be safe than sorry, as the old saying goes.

Now, one may not know the difference between venomous and non-venomous snakes or toxic and nontoxic species of mushrooms and still successfully navigate life simply by avoiding every kind of snake and mushroom, and not lose out on much, except perhaps the occasional meal of rattlesnake sausage and mushroom gravy. But, the issue of climate change differs from the other two in a significant way and, hence, demands our unwavering attention. Why? Because the available evidence appears to be sufficient to warrant, at minimum, a serious suspicion, if not outright near certainty, of the reality and dangers of this phenomenon.

The great American philosopher William James categorized options (i.e., decisions between two competing hypotheses) as living or dead, forced or available and momentous or trivial, and indicated that a “genuine option” is one that is living, forced and momentous. If the question of climate change is a genuine option, how are we obliged to respond?

Camila Saenz Ruiz (’20)
Bogota, Colombia

“Math for elementary teachers was a very fulfilling and challenging J-term that made me feel a little more confident about what I really want to do with my life and what makes me happy. I was hooked from the first day we went to Saint Columbkille Elementary School, however, as days passed, it became an awesome and unforgettable experience.”

“I’ve always believed that math was the worst subject in school, and that I would never be good at it. With this J-term, I realized that it’s all about how teachers explain and revitalize their students to keep working and practicing. A student in my classroom said to me, I will never like math, I’m bad at it, and it’s very difficult. At the end of this J-term, while doing some subtraction exercises, he said ‘This is easy! I think I got it.’ I learned that “It’s not about the correct answer. It’s all about the method of teaching and the motivation you instill in kids without forgetting the fun—and that they are just kids.”

For more resources about ethics in business, contact Dr. Ciapalo at roman.ciapalo@loras.edu.
INSPIRING LIVES & LEADERSHIP CAMPAIGN EXCEEDS $100 MILLION CHALLENGE GOAL

In a campus update to faculty and staff, at a press conference that followed and in email announcements to the entire Loras College community, President Jim Collins (’84) and Campaign Steering Committee Chair Tom Tauke (’72) announced on August 3 that the Inspiring Lives & Leadership campaign surpassed the $100 million challenge goal set in July 2015. The campaign, launched in October 2013, has raised a total of $105 million to date.

In his remarks to the campus community, President Collins stated, “The launch of this historic drive was a catalyst for Loras alumni and friends engagement. The generosity of our alumni and friends has been nothing short of humbling and inspirational. Thank you!”

The initial campaign goal was established at $75 million, the campaign purpose was to significantly enhance the impact of the Loras College brand. The positive impact of the campaign can be felt in every corner of campus, and also will continue to be seen for years to come. Key in this effort has been the over $42 million in pledges and planned gifts.

Those serving as volunteer members of the campaign Steering Committee include Tom Tauke (’72), Paul Bredlach (’10), Bill Lynch (’64), Don Theisen (’61), Mary Finnegan, Theresa (Urbanner) Hoffman (’61), and Ben Ulrich (’58). The committee was privileged to have benefitted from the contributions of two other committee members who passed away during the course of the campaign: Arnie Honkamp (’66) and Father John Schlegel (’56).

CAMPAIGN BY THE NUMBERS:

- Strengthening and expanding the curriculum to include the launch of new and distinctive programs such as the Center for Business Analytics and three new graduate programs.
- Enriching the student experience in the areas of spiritual life, experiential learning, career development, leadership and service opportunities and more.
- Renovating and upgrading classrooms, laboratories, Christ the King, Chapel and tennis courts.
- Aiding improved student retention, graduation and placement rates.
- Enhancing the prestige and national recognition of the Loras College brand.

The generous of our alumni and friends has been nothing short of humbling and inspirational.

JAMES E. COLLINS (’84)
President

Inspiring Lives & Leadership gifts are being put to work:

- Providing financial aid for students by establishing more than 110 new scholarships and 55 awards
- Springtime in Paris success
- 22,500 new programs
- 123 new endowed scholarships
- 55 new financial awards for students

Loras Legacy Ball: Springtime in Paris Success

This spring the Alumni Campus Center was transformed into a Parisian cafe as Loras College kicked off the inaugural Loras Legacy Ball. The theme, “A Springtime in Paris,” set the past and present together as we honored our founder, Bishop Mathias Loras, who hailed from France. Loras students shared the talents both musically and through their experiences with alumni and friends who filled the ballroom. Thanks to sponsorships and live auction items, we received $310,000 in donations, which will impact the lives of many students.

We are grateful to the dedicated volunteers, business supporters and community leaders for setting the bar high for future events. A special thanks to our Board of Regents, National Alumni Board and Loras Network of Dubuque for their dedication and vision.

Mark your calendar now for the second annual Loras Legacy Ball, May 4, 2018.
ST. JOSEPH SOCIETY

The following is a listing of St. Joseph Society members during the 2016–2017 fiscal year (June 1, 2016–May 31, 2017).

Loras’ ministry for the future of the Child, Joseph and his wife, Mary, worked to provide the love, care and commitment from which Jesus

Thank you to all of our donors for their support!

INDIVIDUALS

Pro Deo et Patria Circle $100,000 and Above

Loras Circle $50,000–$99,999

Bishop Loras Circle $10,000–$49,999

Anonymous (140) and Suzanne Blauvist

Rev. John J. Edler (99)

James (97) and Karen Jenson

Thomas (76) and Christine Korte

Dr. Barbara Sullivan Woodward (’72)

Margaret A. Reidel

Ken and Linda Weber-Blotts

Loras (97) and Carolee Bisle

Jennifer (94) and Lisa Collins

William C. Browne (’74)

Dorothy and Connie Burchard

Richard and Melanie Burgendy

Mary Ellen Carroll and Bennett Cook

Jame (94) and Lisa Collins

John and Catherine Durahm

Jame (94) and John Donneman

Roger (91) and Colleen Ewing

Dennis (96) and Maureen Faman

John (56) and Sheila Farrell

John (56) and Kathleen France

Lorry J. Fintelman (’93)

Paul (71) and Betty Buckley

Jeffrey (77) and Denise Gadient

James (71) and Jean Gantz

Thomas (71) and Peggy Ganz

Timothy and Susan Gantz

Eugene W. Graham (’86)

Jay (74) and Theresa (Welsh) (’74) Gruber

James (71) and Carol Hurd

Kevin H. Hooker (CR)

Randy Hager (’56)

Rev. John W. Hanson (’56)

Roger (73) and Theresa Hering

John and Cynthia Hupper

Barbara M. Kooce

Allan (96) and Karen Ludwig

Thomas (96) and Ruth Norgaard

Richard J. Kenney (’63)

James (96) and Nancy Klauser

Robert and Judy Kula

Charles (76) and Christine Krote

Thomas M. Lannoy

Allan (96) and Karen Ludwig

Anthony (96) and Pio Navizat

Philip (150) and Patricia McDuffie

John (49) and Joan McQuinlin

Lorettta B. Mealy

David Myers (72) and Susan Burns

Dyanna R. Moore

Robert (76) and Rita Murray

Sibbott O’Connor Heartfelt (’84)

Loras Circle $10,000–$49,999

Anonymous (4)

Martha (37) and Rita Kate

Linda (38) and Lloyd Balk

Kevin (37) and Carolin (Graup) (’88) Baker

Jennie (43) and Mary Ann (Stevens) (’79) Bedman

George A. Bridger (’40)

Mark (82) and Nancy (Birk) (’82) Blaser

Thomas C. Brown (’78)

Charles P. Bursch (’74)

Anonymous (3)

John (75) and Marilyn Buxton

Mary A. Mehan

Richard (71) and Rita School

Fredrick T. Schmidt (’77)

John and Donna Schmidt

Ann E. Schricker (’81)

Eugene H. Schleier (’61)

Joseph (78) and Becky Schwind (’78) Sach

Stephen (76) and Julie (Weixel) (’76) Sauer

1839 Circle $5,000–$9,999

Anonymous (2)

Carl (63) and Antoinette Adducci

Rev. A. H. Barbi (’59)

Robert D. Jean, Jr. and Mary-Weinbeck

Michael (’72) and Debra Rahn

Stephen J. Reiter (’74)

Chris and Lisa Rieg

Abertil (’69) and Martha Ruffalo

Richard and Frankie SanJohn

Mary (’69) and Patricia Shoop

Audrey P. Smith

Nicholas (94) and Rita Stank

Rev. Miguel P. Steinle (’48)

Frank (74) and Susan Sterk

Timothy (’92) and Peggi Siggaszak (’92) Sather

Thomas (’91) and Margot Toyos

James (40) and Mary Janene Tiny

Robert and Justin Tucker

Reg. Donald T. Mather (’78)

Keane Circle $2,500–$4,999

Anonymous (5)

Mary (37) and Rita Kate

Linda (38) and Larry Abink

Kevin (37) and Carolin (Graup) (’88) Baker

Jennie (43) and Mary Ann (Stevens) (’79) Bedman

George A. Bridger (’40)

Mark (82) and Nancy (Birk) (’82) Blaser

Thomas C. Brown (’78)

Charles P. Bursch (’74)

Anonymous (3)

John (75) and Marilyn Buxton

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Frank (74) and Susan Sterk

Timothy (’92) and Peggi Siggaszak (’92) Sather

Thomas (’91) and Margot Toyos

James (40) and Mary Janene Tiny

Robert and Justin Tucker

Reg. Donald T. Mather (’78)
The student-led Loras Sport Business Club hosted its inaugural Sport Management Symposium on April 7, featuring Greg Gumelt, a veteran broadcaster and 1967 graduate of Loras.

The NCAA has selected Loras College as the host for the 2020 NCAA Division III Men’s Wrestling Championship, the third national championship that Loras has hosted in school history, having previously hosted the NCAA Division III Wrestling Championships in 2004 and 2007.

Saint Joseph’s Catholic Worker/Catholic Ministries of America (CoSIDA), joining 31 other U.S. Track & Field and Cross-Country College Sports Information Directors who were evaluated and ranked based on characteristics such as academic reputation, student satisfaction, affordability, average financial aid awarded and return on investment.

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CHICAGO ALUMNI HOCKEY GAME
In 2000, the tradition of playing an alumni hockey game in Chicago was born, and every year since former players have gotten together to celebrate their shared love of the sport.

CALIFORNIA PRESIDENTIAL RECEPTION
Thanks to Mike Reidy ('67) and his wife Cheryl for hosting an event in Rancho Santa Fe, California. Nearly 40 alumni and friends gathered to hear President Jim Collins ('84) provide a College update.

ALUMNI TRACK MEET—ROCK BOWL
From start to finish the alumni track meet attracted Duhawks to the Rock Bowl for some friendly competition. The final tally of points is still being reviewed.

ARIZONA ALUMNI RECEPTION—CUBS GAME
Loras alumni and friends shared their love of baseball as they gathered together to watch the Chicago Cubs take on the Atlanta Braves. Sloan Park in Mesa, Arizona, became the temporary home of more than 50 Duhawks.

LORAS NETWORK OF DUBUQUE SCHOLARSHIP RECEPTION
The Loras Network of Dubuque awarded 20 students with scholarships for the 2017–2018 academic year. Community members, family and staff and faculty joined to congratulate these Duhawks at the Scholarship Luncheon.

CARDINAL DOLAN VISIT
His Eminence Timothy Cardinal Dolan shared a keynote address at Loras College this spring, highlighting Bishop Mathias Loras’ influence on the community, the early history of the Archdiocese of Dubuque and the corresponding connections with the nation’s Catholic Church.

LORAS LEGACY SYMPOSIUM LUNCHEON
Loras College celebrated its fifth successful Legacy Symposium this year. Students and faculty members shared their work, and alumni and community members gathered to acknowledge the academic achievements at the annual luncheon.

PEORIA PRESIDENTIAL RECEPTION
It was a packed house in Peoria Heights at Seven on Prospect. Special thanks to the owners, Michelle (Thierer) Kahn ('94) and her husband Joe for hosting President Jim Collins ('84) and Illinois State Senator Darin LaHood ('90) at this alumni reception.

TUCKER TOUR—WESTERN SPRINGS
Duhawks from all generations celebrated Bob and Judy Tucker in Western Springs. Special thanks to Mark ('80) and Sharon Cloughway for hosting the evening honoring the Tucker’s impact at Loras.

TUCKER TOUR—CEDAR RAPIDS
“What a day” in Cedar Rapids as former counselors, campers and alumni paid tribute to Bob and Judy Tucker at a reception at the Kirkwood Hotel. We are grateful to John ('65) and Charlotte Gavin for hosting the reception.

TUCKER TOUR—DUBUQUE
President Jim Collins ('84) presented Bob and Judy Tucker with a framed All-Sports Camp paddle during the Tucker tour in Dubuque. Surrounded by family, former colleagues, counselors and alumni, the Tucker’s thanked everyone for their support.

ALUMNI SOCIAL IN GALENA
Alumni and friends gathered at the Galena Brewing Company for a social and fundraiser supporting the Loras Fund. A fun evening with Duhawks of all ages.
STEVE SLAVN (’78) was reelected to the board of directors of the Heart of Iowa Eye Care Center, which is responsible for providing education for the ophthalmic community.

JEFF GONNER (’08) was appointed to the audit committee of the Davenport Community Credit Union, ifa. He is the chief financial officer of Medical Advances Clinic PC in Davenport.

TIM KETTMAN (’81) was inducted into the Glen Grant Wrestling Hall of Fame in Iowa City.

SARAH (SHREIDER) ROSS (’81) joined the board of directors of the Davenport Area Labor Management Coordinating Council. She currently works in the Davenport Community School District.

JENNIFER SETTLE (’95) was consecrated to the life of a virgin as a bride of Jesus Christ at the Science Mews of the Feast of the Presentation of Our Lord. Jennifer is the founding director of the Theology of the Body Institute in Downingtown, Pennsylvania.

MEGAN (DUNAWAY) SCHULTZ (’94) joined the board of directors of Iowa Industries. She is the assistant director of community relations at Waunakee Catholic High School in Waunakee.

KELLY FYRESE (’70) became the president-elect/National Philanthropy Day chair for the Association of Catholic Colleges and Universities. She is currently a Regional Fundraising Advisor at ADEPTING Marketing.

CURLEY “BOB” (JOHNSON) ’76 was honored with the “Curley Bob Johnson Celebrating Achievement” exhibit at the Plaza Riverfront Museum in Peoria, Illinois. Johnson played for the Harbor Globetrotters from 1988 to 2007.

CONNIE (FURST) WEBER (’88) was named as a small business portfolio manager at Heartland Financial USA, Inc. in Davenport.

CRIS HINGHAM (’80) joined the board of directors of the Davenport Area Labor Management Coordinating Council. She currently works at Lerner Specialists in Davenport, Iowa.

MICHELLE (CROWLEY) AYERS (’95) was promoted from senior financial officer to Davenport Community Credit Union in Davenport.

STEPPANIE (STICKES) COCAINE (’98) was hired as a therapist at Galena College. She has been promoted to the position of professional counselor at the College of St. Scholastica since 2013 and began her career in 1998 as an advocate and counselor at both the CHOCES Domestic Violence Program and the Riverfront Center.

THOMAS ROSSI (’90) was honored by Northwestern Mutual for his commitment to helping clients plan for and achieve financial security with membership in the company’s 2016 Foros Group.

JASON SCHILDEWAFFERT (’95) was appointed president and CEO of 275 Park Avenue South in Louisville, Kentucky. He previously was the director of national accounts at BAIU, Inc. in Davenport.

TOM GILDEGRAF (’75) was the primary race for City of St. Louis Alderman, Ward 16. He is a community development executive for US Bank.

ABBEY (RODHAM) KASS (’06) was promoted to executive assistant for US Bank.

DIANA (PENA CLAVIJO) MILLER (’06) started her new position at the Certified Financial Planner board of Standards to list the Certified Financial Planner and CFP certification marks in accordance with CFP Board certification and renewal requirements.

TONY DUFFIN (’00) was promoted to financial manager at MidAmerican Financial Services in Davenport. She has been with the firm since 2006.

STEPHANIE (BRODE) MENTLE (’88) was promoted to senior tax manager at Honkamp Krueger & Co., PC in Davenport. She has been with the firm since 2011.

CLARISSA (HERNANDEZ) RIVAS (’75) was appointed as an associate position representative for the law firm Hawkins Quinlivan, S.C. in Milwaukee, Wisconsin.

Katharine hadmiss (’75) was hired as a research assistant representative in the risk-management department at Cottingham & Butler in Davenport.

JESSICA FINO (’14) graduated with a Master’s in Social Work from the University of Chicago and was hired as a therapist, in social services agency in Chicago, Illinois.

SLADE WEBER (’73) was reappointed to the board of directors of the Davenport Area Labor Management Coordinating Council. He currently works in Davenport, Iowa.

George xenakis (’79) was promoted to executive director at Davenport County Health and Human Services.

JANICE (LUCAS) SKEMP (’79) was appointed president and COO of 375 Park Avenue South in Louisville, Kentucky. He was previously the president and COO of Cottingham & Butler in Davenport.

Gwen (erickson) misch (’83) was appointed as a partner-in-charge of the Dubuque office of Edlefs LLP.

Garvin fisher (’75) will become the assistant manager for the relationship banking group at American Trust & Savings Bank in Davenport. He is currently the senior executive vice president.

Phil brauer (’00) joined the Dubuque Area Labor Management Coordinating Council board. He currently works in the Dubuque Community School District.

Jennifer nestle (’95) became the managing director of The Theology of the Body Institute in Downingtown, Pennsylvania.

Diana (Pena ClaviJO) Miller (’06) was promoted to the position of the Women’s Leadership Network board of directors. She currently works at Andrews & Kunkel in Davenport.

JAYNE BILLMER (’82) a financial planner, has been authorized by the Certified Financial Planner Board of Standards to use the Certified Financial Planner and CFP certification marks in accordance with CFP Board certification and renewal requirements.

Janna (سار) (‘07) was promoted to tax supervisor at American Trust & Savings Bank. She has been with the firm firm since 2011.

Jennifer joy on (’94) is currently the executive director at Dubuque Community Credit Union in Davenport.

Rachel gunderson (’90) was promoted to tax supervisor at American Trust & Savings Bank in Davenport. She joined the bank in 2007.

Jennifer joy on (’94) was promoted to tax supervisor services senior manager at Honkamp Krueger & Co., PC in Davenport. He has been with the firm since 2007.

Susan (pilkington) miller (’93) started her new position at the Certified Financial Planner board of Standards to list the Certified Financial Planner and CFP certification marks in accordance with CFP Board certification and renewal requirements.

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Michael beck (’09) joined Clifford Insurance agency in Elkader, Iowa, as a licensed agent. He previously worked for a local manufacturing company.

Christine (bridgewater) murphy (’92) was promoted to investment officer at American Trust & Savings Bank in Davenport. She joined the bank in 2007.

Ryan burbach (’09) was promoted to president and CEO of the Riverview Center. He has been with the firm since 2007.

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ALUMNI NOTES

BIRDS (continued)

NICHOLAS (‘08) and Michelle SHAFER, twins born on Jan. 8, 2017
SARAH (‘09) and Dustin LEHRBRENNER, a daughter, on May 18, 2017

TIM (‘09) and ALLISCHWENGER (‘09) WILLEN, a daughter, on May 11, 2017

MATTHEW (‘07) and MICHELLE (‘07) SEULL, a daughter, on April 9, 2017

MICHAEL (‘09) and Jule BECK, a son, on Feb. 8, 2017

AARON (‘09) and KATE (‘09) BURKE, a daughter, on June 12, 2017

JENNIFER GIESLER (‘09) and Stephen JACOBS, a son, on Feb. 27, 2017

NICHOLAS (‘09) and Vera SCHWALER, a daughter, on May 17, 2017

BRADLEY (‘09) and samuel WALKER, a daughter, on May 19, 2017

SARAH (‘09) and Jacob ZENKHORST, a son, on March 30, 2017

JOHN (‘09) and Chelsea DUTTON, a daughter, on March 31, 2017

JOSHUA (‘09) and Tiffany WEIDMULLER, a daughter, on April 20, 2017

IN MEMORIAM

MOSES (‘44) on Jan. 22, 2017

WILLIAM (‘47) on April 11, 2017

THOMAS (‘47) on April 14, 2017

JOEY (‘47) on April 26, 2017

THOMAS (‘47) on April 30, 2017

STEVE (‘47) on May 2, 2017

WILLIAM (‘47) on May 23, 2017

PHILIP (‘47) on May 19, 2017

LORAS ACADEMY

FREDERICK ROMBER (‘44) on Feb. 4, 2017

WILLIAM A. JGINSLIE (‘44) on Feb. 26, 2017

GEORGE W. BARKER (‘47) on April 8, 2017

DANIEL B. SCHMIDT (‘47) on Feb. 20, 2017

JAMES A. FLEMING III (‘47) on May 30, 2017

THOMAS A. LEONARD (‘47) on May 31, 2017

JOHN B. MCCOY (‘47) on June 2, 2017

JAMES A. BROWN, O.S.B. (‘48) on July 9, 2017

GERARD F. LYONS (‘48) on Feb. 26, 2017

ROBERT L. HANSCHE (‘48) on March 9, 2017

MICHAEL J. MERFELD (‘48) on April 1, 2017

WILLIAM J. HANSEN (‘48) on May 3, 2017

WILLIAM F. SCHUEL (‘48) on May 7, 2017

JAMES A. BROWN, O.S.B. (‘48) on May 24, 2017

MARY A. WITHROW (‘49) on Feb. 27, 2017

JAMES A. PLOERING (‘49) on Jan. 1, 2017

ROBERT L. HANBECK (‘49) on March 23, 2017

PHIL. D. O’NEILL (‘49) on May 10, 2017

LORAS COLLEGE

FALL 2017
## UPCOMING EVENTS

**OCTOBER**

- 5 Campaign Celebration Reception
- 6 National Alumni Board Meeting
- 6–8 Homecoming
- 16–17 Fall Free Days
- 17 Rockford Scholarship Luncheon
- 19 Children of Abraham
- 21 One Day Theater Project, St. Joseph Auditorium
- 23–27 Mental Illness Awareness Week
- 27 Holy Spirits and Biblical Brews, Loras College Pub
- 27 Junior High Honors Band, Fieldhouse
- 29 Discovery Retreat

**NOVEMBER**

- 4 Dessert Pops
- 10–12 Antioch Retreat
- 12 Network of Des Moines Service Event
- 15 College Night of Jazz
- 16 Children of Abraham
- 17–19 Fall Play, St. Joseph Auditorium
- 27–30 Fair Trade Sale

**DECEMBER**

- 1 Chicago Cubby Bear Social
- 3 Festival of Lights
- 8 Mysteries of Christmas, Nativity Church, Dubuque
- 9 Christmas Radio Show, St. Joseph Chapel
- 11–15 Finals Week

**JANUARY**

- 2–19 January Term
- 18 Children of Abraham
- 20 IIAC Wrestling Duals AWC
- 27 Alumni Basketball Game/Social
- 29 Second Semester Begins

**FEBRUARY**

- 4–10 World Interfaith Week
- 8 Loras Network of Dubuque Winter Social
- 14 Ecumenical Services for Ash Wednesday
- 15 Economic Forecast Reception, Burr Ridge, IL
- 15 Children of Abraham
- 18 Network of Waterloo/Cedar Falls Winter Social
- 18 Campus Ministry Overnight Visit
- 24 NCAA Central Wrestling Regionals, Five Flags Center, Dubuque
- 25 Discovery Retreat
- 25 Loras Network of Cedar Rapids/Iowa City Winter Social

**MARCH**

- 2–4 Siblings Weekend
- 4 Arizona Cubs Game & Social
- 5–9 End the “R Word” Week
- 10 Chicago Alumni Hockey Game
- 10 Wind Ensemble Winter Concert, Fieldhouse
- 14 Duhawk Day
- 16–18 Spring Play Production, St. Joseph Auditorium
- 24–April 2 Spring Break
- 24 Alumni Track Meet, Rock Bowl
- 24 Spring Choir Concert, Christ the King Chapel
- 28 College Night of Jazz

**APRIL**

- 8 RCIA Mass
- 13–15 Antioch Retreat
- 18 Network of Dubuque Scholarship Luncheon
- 19 Children of Abraham
- 22–27 Go Green Week
- 29 International Programs Office Recognition and Farewell Dinner

**MAY**

- 2 Loras Legacy Symposium and Student Award Luncheon
- 4 Loras Legacy Ball
- 6 7th Annual Final Concert of the Year, Fieldhouse
- 19 Commencement/Baccalaureate